

Release and Indemnification Agreement (Please read, understand, and sign)

The person named on this registration form wishes to participate in the AREC Trail Running Program (the "Program"). Those who have made this Program possible – AREC volunteers and officials (collectively, the "Organizers") -- wish to ensure to the fullest extent possible that they are not sued or held liable for injuries or damages sustained by participants or those attending the Program. I make this release and indemnification agreement on my behalf, and on behalf of anyone who would be able to sue if I were injured while participating in or attending this Program. In return for being allowed to participate in this Program, I agree and acknowledge as follows: Participation and attendance at running programs, especially those held on trails, carries with it some risk of serious injury, including even in rare cases, death. The risks include, but are not limited to, those caused by overexertion, vehicular traffic, the course, weather, facilities, equipment, Organizers, spectators, and other participants. I individually and on behalf of my heirs, executors, administrators, legal representatives, successors and assigns, release and forever discharge, hold harmless, indemnify, including as to attorney fees, and promise not to sue the Organizers and waive, any claims, damages, expenses or demands arising directly or indirectly from or attributable in any way to the negligence, action or failure to act of any of the Organizers in connection with the sponsorship, organization or execution of any trail run or sporting event, including travel to and from such event, in which I may participate as a racer, rider, team member, spectator or in any other manner. Every term and provision in this agreement is intended to be severable. If any one or more of them is found to be unenforceable or invalid, that shall not affect the other terms and provisions, which shall remain binding and enforceable.

I assume all risk of participating in and attending this Program. I understand that the Organizers of this Program are relying upon the agreements and representations I make in here. I have carefully read this document and I understand it. If I am under 18 years old, my parent or guardian is signing on my behalf, and my parent or guardian also agrees to indemnify the Organizers if I or anyone else brings a claim against the Organizers due to injuries I receive due to my participating or attending this Program. With knowledge of the risks involved and the rights I give up, I waive the rights I might otherwise have, and I freely sign this document.

I currently have no known physical or mental condition that would impair my capability and am fit to fully participate in this Program.

Runner's Signature _____ Date: _____

(Parent's Signature if under 18) _____

Address _____

City _____ State _____ ZIP Code _____

Telephone #: _____ - _____ - _____

Email Address _____